

# Living with depression?

## Seeking participants for music-based research study on attention and executive function in depression

Researchers at St. Michael's Hospital are conducting a study examining 8-weeks of music-based cognitive training sessions with individuals diagnosed with depression.



### What's involved?



8 IN-PERSON MUSIC-BASED  
COGNITIVE TRAINING SESSIONS



2 IN-PERSON ASSESSMENT VISITS



COMPLETION OF SELF-REPORT  
QUESTIONNAIRES & COMPUTERISED  
COGNITIVE TASKS

### You may be eligible to participate if you:

ARE AGED 18 YEARS OR OLDER

ARE CURRENTLY DIAGNOSED WITH  
MAJOR DEPRESSIVE DISORDER

HAVE CONTEMPLATED SUICIDE IN THE  
LAST WEEK

HAVE RECEIVED MORE THAN 12  
SESSIONS OF PSYCHOTHERAPY FOR  
CURRENT DEPRESSIVE EPISODE

STABLE MEDICATION USE OF 4+ WEEKS

Email Melissa for more information  
[melissa.tan@unityhealth.to](mailto:melissa.tan@unityhealth.to) \*\*

*\*\*Please note that email is not secure. Emails can be intercepted, viewed, changed or saved by others. Only send information to this address that you do not feel is sensitive.*

